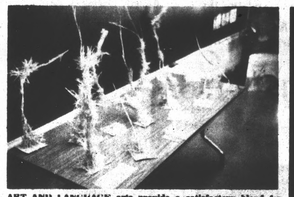
MRS. CAROL NOTESTEIN has been a recent visitor in the Gifted and Talented classes at Appomattox Elementary School. Mrs. Notestein has written many books for children. She shared her stories and information about how students can get their books published. Students are now writing original stories that they will bind.

FIFTH GRADERS in the Gifted and Talented Program at Appomattox Elementary School have been involved in a unit of study about Knights and Castles. Joseph Servis, a member of the class constructed a Medieval Castle and designed his own suit of Armour.



ART AND LANGUAGE arts provide a satisfactory blend for learning this six weeks in Miss Gillam's third grade class. Students studied the concept of sculpture as an art form. Sculptures made of toothpicks were developed. The study of the definition of sculpture, different sculpture forms, and two famous sculptors was incorporated with the students' language study of correct paragraph form. Sculpture study words were used in a weekly spelling test. Much excitement was generated as the busy third graders worked on their toothpick sculptures, watching them grow and change shape.

LAST WEDNESDAY, several students in Miss Krufka's sixth grade class presented a scene from Johanna Johnston's A Birthday for General Washington. Kim Romanac organized the play as her project in the 800 section of the Dewey Decimal System. The play was enjoyed by all. Students pictured (Top) Kim Romanac, Tracy Garrett, T. M. Phelps, Tracy Woods; (Bottom) Kim Woods, John Canada and Jason Smith.

Chestnut Grove news

The Rev. and Mrs. John E. Mann, Sr., Mr. and Mrs. Bernard Tolbert and Mrs. W. T. Cook from the Chestnut Grove Baptist Church attended the James River Baptist Association Thursday at Pleasant Grove Baptist Church at Toga. Those attending from Concord Baptist Church were Mr. and Mrs. Kemper Beasley, Sr., Mrs. Ben Ballowe, Mrs. Earl Morris and the Rev. Glenn Coleman.

H. Flood Harris of Green Bay was a Sunday visitor of his parents, Mr. and Mrs. Russell L. Harris.

C. Wayne Cook of Richmond and Mr. and Mrs. William L. Carter of Burkeville were visitors during the weekend of Mr. and Mrs. W. T. Cook.

Mrs. Estes Forbes is a patient in Virginia Baptist Hospital in Lynchburg. We hope she will soon be home.

Mrs. Calvin W. Morris spent Saturday night in Richmond with Linda Morris. They attended the wedding of her nephew, Dennis Cook Saturday and a birthday party for Rodney Morris and attended church services at Grove Avenue Baptist Church.

The Don Morris family visited Mr. and Mrs. Lewis Morgan of Andersonville Sunday afternoon.

Sandi Morris spent the weekend with Karen Seay at Toga. Mr. and Mrs. Ralph Repass, Mrs. Joan Price and boys visited Mrs. Janie Repass Sunday at Blackstone.

Mr. and Mrs. Kemper M. Beasley, Sr. attended the Coleman-Webb family reunion at the home of Mr. and Mrs. Mac Coleman at Appomattox Sunday.

Mr. and Mrs. Floyd Pope of Nottaway were Thursday visitors of Mrs. Alice Senger. Mrs. Leota Kulick of Richmond spent Sunday with Mrs. Senger. Preston Pope and Ton Jones were also Sunday visitors. Billy and Frank Pope of Nottaway were Monday supper guest of their sister.

Amy and Jason Wayculter of Farmville spent Saturday night with Mr. and Mrs. A. N. Morris. Saturday dinner guest of Mr. Morris were Charles and Kenneth Morris, Howard Chernault, Stuart Jackson and Robert Harris.

Mr. and Mrs. K. M. Beasley, Jr., Kathy and Kemper III accompanied by Mrs. Katherine Carson of Spout Spring spent Sunday in Blacksburg with Mr. and Mrs. Chris Conway.

4-H Club News

Miss White's 4-H Club

Miss White's 5th Grade 4-H Class met on October 16. The president, Keith Ackerman, called the meeting to order. The recreation leaders led us in some games. Recreation leaders for this year are Beth Carter and Lee Scruggs. Sheri Williams read the minutes of the last meeting. Mr. Sweet discussed the popcorn sale to raise money for a pool at Holiday Lake 4-H Center.

The meeting was then adjourned.

David Sayre
Reporter

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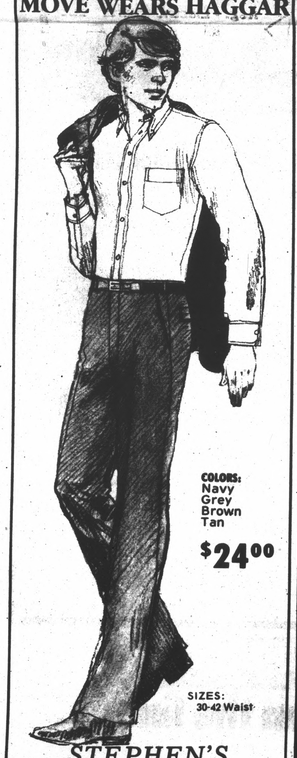

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Good news for homemakers

A look at a true American Heritage - the good apple

By SHIRLEY W. WALTON
Extension Agent

Apples—An American Heritage

This is part one of a two part article on apples.

In grandfathers day, every homestead or plantation had an orchard. Apple seeds came over on the Mayflower and other early ships. The first orchard was planted in 1626 by a settler in Boston on Beacon Hill. The first well known variety of apples, the Roxbury Russet, originated in Roxbury, Massachusetts during the early 1600's. An Old Farmers Almanac advises apple growers that, "The varieties of apples to be grown on the farm need not be great, some 20 or 30 kinds for summer, fall, and winter would probably embrace all that are desirable for family use." Most farmers took this advice to heart and scattered apple trees all over the farm in every nook and corner that was not suitable for growing crops.

Some of the popular older apples included Winesap, Baldwin, Newton Peppin, Maiden Blush, Grimes Golden, York Imperial, Found Peppin, Rambo, Ben Davis, Sheepsnose, and Smokehouse. These are just a few of the 7,000 apple varieties in the United States.

As grandfather carried in pails full of apples all summer, the task fell to grandmother to use them. She stewed, fried, spiced and dried apples to make Brown Betty, cobblers, dumplings, muffins, fritters, etc. on baking days. In the windfalls some were picked up and made into cider or vinegar, which she used in making, among other things, apple relish or pickled crab apples. She canned applesauce and apple conserve. Bushels of the best fall and winter apples were stored in the root cellar for eating during the winter months.

On baking days during the winter, grandmother made deep dish apple pies or the thin, thin ones that were stacked six deep in one plate and stored in a pie safe. Fried apple pies were another favorite made from the dried apples of last summer. Perhaps the all-time favorite was the applesauce cake laddened with raisins, nuts and sometimes plain. Sometimes they were iced with caramel icing. This is a traditional part of Christmas in some parts of the country.

The discarded apples were peeled and cored, often at an apple peeling. This used to be a social event of the community just as a barn raising, quilting party, or corn shucking was a social event rather than just work. The next morning bright and early came the all-day task of making apple butter. The old brass or iron kettle was set over the fire. Apples were cooked and stirred all day until late afternoon when the apple butter came off the fire. Before the days of canning, the apple butter was stored in crocks. Now, apple butter is made in community canneries or on the kitchen range in our modern kitchens. Whenever one makes apple butter, though, there still comes that sense of accomplishment of putting good food away for the winter months.

We are beginning to receive many calls concerning the uses of apples and which apple to use for what. Many of you grow apples in the backyard or on your farm. Some of you will be travelling to the nearby Virginia mountains to purchase apples. The following information will help you as you purchase or plan to plant trees in your yard or on your farm.

For frying Early Harvest and Yellow Transparent are the best varieties. For baking use Jonathon and Grimes Golden. Delicious applesauce can be made from Maiden Blush, Early Harvest, Yellow Transparent and Winesap apples. Apple butter is delicious when made with Maiden Blush, Northern Spy, Early Harvest and Yellow Transparent apples. Grimes Golden, Golden Delicious and Northern Spy varieties score a plus when made into apple pies. Especially suited for drying are Ben Davis, Northern Spy and Wolf River varieties. Now, for just plain good eating, we find that Golden and Red Delicious, Stamen, Winesap, Grimes Golden and Roman Beauty are special varieties that really taste delicious anytime.

Homemakers, if you have a homemaking question or problem, please call 352-8244, or write the Appomattox County Extension Office, P. O. Box 488, Appomattox, Va. 24522. It is always a pleasure to hear from you and to help you.

Have a good week!

Special Announcement

Christmas Open House November 9-13, 1981, 10-4:00 p.m. daily and 7-9:00 p.m. on Tuesday and Thursday nights, District Extension Office Auditorium (next door to the Appomattox Post Office.)

RECIPE OF THE WEEK

Patsy's Fruit Cobbler

1 qt. fresh or frozen fruit
5 T. self-rising flour
5 T. sugar
1 cup self-rising flour
½ cup milk
1 stick butter, melted
1 cup sugar
½ cup water

Place fruit in baking dish. Mix 5 T. flour, 5 T. sugar and a little nutmeg and stir into fruit. Mix 1 cup self-rising flour, milk and butter and spread over fruit. Combine 1 cup sugar and water and pour over mixture in baking dish. Bake at 350° for 50 to 60 minutes. Thanks are due to Patsy Murphy for sharing this good recipe with us. This is the BEST fruit cobbler I have ever eaten. Note: Because of many requests, this cobbler recipe is being published again. It makes the best cherry, blackberry and apple cobblers you will ever eat.

Happiness is 4-H

By FRANK SWEET
Extension Agent

Thanks to everyone who assisted with the fund raising drive to help pay for the new swimming pool to be built at the Holiday Lake 4-H Center. Every family that ordered the gourment popcorn will be helping with the development of our young people. The popcorn will be delivered by the 4-H members in approximately 2½ weeks. The pool at the 4-H Center will be completed for our use next summer.

• • •

The 4-H Achievers Community 4-H Club helped with Halloween Carnival at the Primary School last weekend by sponsoring one of the haunted houses. Susan Parris, who serves as 4-H leader for the group is working hard to help the 4-H'ers gain citizenship experiences.

• • •

Last year's 4-H projects are being judged this week. Ribbons will be awarded for each project submitted with special awards being made during the Annual 4-H Banquet to be held later. 4-H'ers will have their projects returned during the November meetings.

• • •

The Appomattox 4-H Teen Leaders will again sponsor a Christmas Party for deserving children. The 4-H group is looking for toys or games that would be suitable for five and six year olds. If you have old toys or games that are in good shape and that you would like to donate, give us a call at the Extension Office (352-8244) or you may bring them by if you're in town.

• • •

4-H Public Speaking will be held in late November and early December this year. Last year over 300 4-H members participated in 4-H Public Speaking programs in Appomattox County. Farmers National Bank has provided financial support for the public speaking awards for the past 10 years.

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